

VPM's B. N. Bandothkar College of Science Thane
Human Sciences F.Y.B.Sc ; Course- USHSC205
Semester II - 2016-17

18/4/2017

Total Marks: 75

Duration: 2.5 hrs

N.B:1. All questions are compulsory.

2. Figures to the right indicate marks.

3. Draw neat and labeled diagrams wherever necessary.

- Q.1) Give an account of the following:
- (A) Basic Food Groups with suitable examples. (7)
OR
(A) Cardiovascular diseases: causes, symptoms & prevention. (7)
(B) Define Under-nutrition. Add a note on Anemia & Osteoporosis. (8)
OR
(B) Balanced diet. (8)
(C) Attempt any ONE of the following: (5)
(i) Diabetes
(ii) Deficiency of Vitamin A & D
- Q.2) Give an account of the following:
- (A) Justify: Modern Methods of Cooking are not good for health. (7)
OR
(A) Techniques used in Stress Management (7)
(B) Types of Stress (8)
OR
(B) Importance of nutrition on health & fitness. (8)
(C) Attempt any ONE of the following: (5)
(i) Influence of different cultural cuisine on health & Fitness.
(ii) Importance of Stress Management.
- Q.3) Give an account of the following:
- (A) Cancer: types, symptoms & treatment (7)
OR
(A) Any Two Fungal Infections. (7)
(B) Respiratory Tract Infections. (8)
OR
(B) Any Two Abdominal Infections. (8)
(C) Attempt any ONE of the following: (5)
(i) Dental carries
(ii) Ear Infection
- Q.4) Attempt Any THREE of the following: (15)
(i) Deficiency of Iodine.
(ii) Obesity
(iii) Effects of stress on health.
(iv) Symptoms of Stress
(v) Spondylosis.
(vi) Eye Infection.